



TREATMENT CONSENT FORM



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The CoolSculpting® procedure is a non-invasive procedure that delivers controlled cooling at the surface of the skin to kill fat cells. It is not a weight-loss solution, and it does not replace traditional methods such as liposuction. Clinical studies have shown that the CoolSculpting procedure will naturally remove fat cells but, as with most procedures, visible results will vary from person to person. Initial: _____

What you can expect:

- » The suction pressure of a vacuum applicator may cause sensations of deep pulling, tugging and pinching. A surface applicator may cause sensations of pressure. You may experience intense cold, stinging, tingling, aching or cramping as the treatment begins. These sensations generally subside as the area becomes numb. Initial: _____
- » The treated area may look or feel stiff after the procedure and transient blanching (temporary whitening of the skin) may occur. These are all normal reactions that typically resolve within a few minutes. Initial: _____
- » Bruising, swelling, and tenderness can occur in the treated area and it may appear red for one to two weeks after treatment. Initial: _____
- » You may feel a dulling of sensation in the treated area that can last for several weeks after the procedure. Other changes – including swelling, itching, tingling, numbness, tenderness to the touch, pain in the treated area, cramping, aching, bruising and/or skin sensitivity – also have been reported. Initial: _____
- » Patient experiences may vary. Some patients may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if symptoms worsen over time. Initial: _____
- » You may start to see changes in as early as three weeks after your CoolSculpting procedure, and will experience the most dramatic results after one to three months. Your body will continue to naturally process the injured fat cells from your body for approximately four months after your procedure. Initial: _____
- » Additional treatments may be needed to reach your desired outcome. Initial: _____
- » In rare cases, patients have reported darker skin color, hardness, discrete nodules, freeze burn, enlargement of the treated area, hernia or worsening of existing hernia following the CoolSculpting procedure. Surgical intervention may be required to correct tissue enlargement or hernia formation. I understand that these and other unknown side effects may also occur. Initial: _____



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Do you have any of the following? :

- » Cryoglobulinemia or paroxysmal cold hemoglobinuria Yes / No
- » Known sensitivity to cold such as cold urticaria or Raynaud’s disease Yes / No
- » Impaired peripheral circulation in the area to be treated Yes / No
- » Neuropathic disorders such as post-herpetic neuralgia or diabetic neuropathy Yes / No
- » Impaired skin sensation Yes / No
- » Open or infected wounds Yes / No
- » Bleeding disorders or concomitant use of blood thinners Yes / No
- » Recent surgery or scar tissue in the area to be treated Yes / No
- » A hernia or history of hernia in the area to be treated or adjacent to treatment site Yes / No
- » Skin conditions such as eczema, dermatitis, or rashes Yes / No
- » Pregnancy or lactation Yes / No
- » Any active implanted devices such as pacemakers and defibrillators Yes / No

Pictures will be obtained for medical records. If pictures are used for education and marketing purposes, all identifying marks will be cropped or removed. Initial: _____

As with most medical procedures, there are risks and side effects. These have been explained to me in detail. I have read the above information, and I give my consent to be treated with the CoolSculpting® procedure by Dr. [insert physician name] and [his/her] designated staff.

Print Name: _____ Signature: _____ Date: _____

Witness: _____ Date: _____